

Special Olympics Manitoba
School Initiatives



specialolympics.mb.ca



SCHOOL PROGRAMS

The program allows students to train and compete in 4 sports as a member of their school athletics program. There are dedicated events during school time that are designed to build confidence and competence across a wide selection of Special Olympics Manitoba official sports; basketball, bocce, athletics and soccer.

BENEFITS:

- Gives students ability to meet and participate in sport with schools from around the province
- Teaches teamwork
- Builds confidence
- Learn social skills
- Give students a sense of belonging.



WHAT IS UNIFIED SPORTS?

Dedicated to promoting social inclusion through shared sports training and competition experiences, **Unified Sports** joins students with and without intellectual disabilities on the same team. It was inspired by a simple principle; training together and playing together is a quick path to friendship and understanding.

In **Unified Sports**, teams are made up of students of similar age and ability, which makes practices more fun and games more challenging and exciting for all. Having sport in common is just one more way that preconceptions and false ideas are swept away.

Our opponent is intolerance. Only shoulder-to-shoulder, as teammates together, can we defeat it.
Compete to defeat injustice!